

Welcome to our Lunch Cafe at...

Center Moriches Clayton Elem

September
2019

Monday

Tuesday

Wednesday

Thursday

Friday

HARVEST of the MONTH

Whitsons proudly supports clean, sustainable agriculture! We also focus on using ingredients that are locally sourced, all-natural, organic and non-GMO whenever possible.



<p>2</p> <p>School Closed</p> <p>Labor Day</p>	<p>3</p> <p>Crispy Popcorn Chicken Whole Wheat Dinner Roll Chicken Caesar Salad 🍴 Glazed Carrots Cucumber Coins Diced Pear Cup Fresh Orange</p>	<p>4</p> <p>Chicken Cheese Quesadilla Ham & Cheese Sandwich P Green Beans Fresh Baby Carrots Diced Pear Cup Fresh Apple</p>	<p>5</p> <p>Homemade Mac & Cheese 🍴 Chicken Caesar Salad 🍴 Confetti Garbanzo Bean Salad Fresh Baby Carrots Diced Peaches Fresh Orange</p>	<p>6</p> <p>Cheese Pizza 🍴 Chicken Caesar Salad 🍴 Steamed Broccoli Fresh Baby Carrots Mixed Fruit Fresh Banana</p>
<p>9</p> <p>Yogurt Lunch 🍴 Baked Chicken Tenders Brown Rice Steamed Peas Cucumber Coins Diced Peaches Fresh Apple</p> <p>MEATLESS MONDAY</p>	<p>10</p> <p>Mozzarella Sticks 🍴 Chicken Caesar Salad 🍴 Glazed Carrots Cucumber Coins Diced Pear Cup Fresh Orange</p>	<p>11</p> <p>Mission Burrito 🍴 Garden Salad Entree 🍴 Green Beans Fresh Baby Carrots Diced Pear Cup Fresh Apple</p>	<p>12</p> <p>Whole Grain Waffles with Sausage Turkey & Cheese Sandwich Black Beans Celery Sticks Diced Peaches Fresh Pear</p> <p>IT'S BRUNCH FOR LUNCH</p>	<p>13</p> <p>Pizza Bagel 🍴 Yogurt Lunch 🍴 Steamed Spinach Fresh Baby Carrots Mixed Fruit Fresh Banana</p>
<p>16</p> <p>Garden Salad with Cheese Entree 🍴 Crispy Popcorn Chicken Fluffy Mashed Potatoes Sweet Corn Cucumber Coins Apple Slices Fresh Orange</p> <p>MEATLESS MONDAY</p>	<p>17</p> <p>Cheesy Stuffed Bread Sticks 🍴 Marinara Sauce Ham & Cheese Sandwich P Mixed Vegetables Fresh Baby Carrots Mixed Fruit Fresh Pear</p>	<p>18</p> <p>Soft Tacos Yogurt Lunch 🍴 Sweet Corn Red Pepper Strips Diced Pear Cup Fresh Apple</p>	<p>19</p> <p>Grilled Cheese Sandwich 🍴 Chicken Caesar Salad 🍴 Confetti Garbanzo Bean Salad Fresh Baby Carrots Diced Peaches Fresh Orange</p> <p>IT'S STUDENT APPRECIATION DAY</p>	<p>20</p> <p>Cheese Pizza 🍴 Turkey & Cheese Sandwich Steamed Broccoli Garden Salad Applesauce Fresh Banana</p>
<p>23</p> <p>Chicken Nuggets Garden Salad with Cheese Entree 🍴 Crispy Potato Puffs Cucumber Coins Apple Slices Fresh Orange</p> <p>MEATLESS MONDAY</p>	<p>24</p> <p>Homemade Pasta & Meatballs 🍴 Chicken Caesar Salad 🍴 Mixed Vegetables Fresh Baby Carrots Diced Pear Cup Fresh Apple</p>	<p>25</p> <p>Crispy Chicken Sandwich Bagel with String Cheese P Mixed Vegetables Fresh Baby Carrots Fresh Pear Fresh Apple</p>	<p>26</p> <p>Nachos Grande Garden Salad Entree 🍴 Four Bean Salad Fresh Baby Carrots Diced Peaches Fresh Orange</p>	<p>27</p> <p>Pizza Bagel 🍴 Ham & Cheese Sandwich P Steamed Broccoli Garden Salad Mixed Fruit Fresh Banana</p>
<p>30</p> <p>School Closed</p> <p>Rosh Hashanah</p>				



Whitsons is offering Meatless Monday options! Studies have shown that increasing the amount of plant based proteins in your diet may reduce the risk of chronic preventable conditions such as cancer, cardiovascular disease and obesity.



Lunch Prices
Lunch price \$2.85
Reduced Lunch \$0.00
Fat Free milk \$0.40
Fat Free Chocolate milk \$0.40
Juice \$0.50
Prepaid Meals
10 Meals - \$28.50
20 Meals - \$58.00
30 Meals - \$85.50
40 Meals - \$114.00

Available Daily: Pre made Sandwiches: Turkey & Cheese /Turkey/ (P)Ham & Cheese / (P)Ham/ Cheese/ Turkey Bologna & Cheese/ Turkey Bologna
Pre-made Salads: Garden Salad & Chicken/ Garden Salad & Hard Boiled Egg/ Garden Salad & Cheese
Fresh Veggie sticks w/lowfat dressing/Organic Low fat Yogurt Parfait/Whole grain bagel w/butter or cream cheese& cheese sticks
Lunch includes Vegetable choice, fruit choice, Milk choice -Skim Milk, 1% milk, fat free chocolate milk
We offer Breakfast Daily
Don't forget to stop by the Cafe for breakfast during the hours of 8am to 9:15am Price \$1.25
Prepaying for meals is now easier than ever.
Go to Myschoolbucks.com register your child and prepay for meals and or snack on line.
If you have any questions or would like additional information regarding this menu, please contact the Food Service director Terri Schill (631)878-0092 ext 274

🍴 VEGETARIAN 🍴 MADE WITH NATURAL INGREDIENTS 🍴 PORK 🍴 MADE WITH ORGANIC INGREDIENTS

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.