

CENTER MORICHES
HEALTH SERVICE UPDATE
DRUG AWARENESS AND PREVENTION INITIATIVES

BOARD OF EDUCATION MEETING
OCTOBER 4, 2017

CHRISTINE SCHMUTZLER, SEFIKA DIMAGGIO , JEREMY THODE, MELISSA REGGIO, COURTNEY FABIAN, KIM HARDWICK

A GLIMPSE INTO THE NURSE'S OFFICE

Daily Routine:

First Aid/Illness

Screenings:

- ✓ Vision
- ✓ Hearing
- ✓ Height
- ✓ Weight
- ✓ Scoliosis

Reports and Paperwork:

- ✓ State Mandated Reports
- ✓ Accident Reports
- ✓ Communicable Disease Reports
- ✓ Immunization Tracking
- ✓ Physical Exam Tracking
- ✓ Medications
- ✓ Communication with Parents

Student Conditions:

- ✓ Seasonal Allergies
- ✓ Food Allergies
- ✓ Diabetes
- ✓ Asthma
- ✓ Uncommon Medical Conditions:

- ⇒ Cardiac
- ⇒ Seizures
- ⇒ Spina Bifida
- ⇒ Musculoskeletal Disorders
- ⇒ Nutritional Disorders

Team Support:

- ✓ Health Education
- ✓ Team Meetings

Monitoring and Treatments:

- ✓ Blood Sugar/Insulin
- ✓ Sports Physicals
- ✓ Blood Pressure
- ✓ Specialized Treatments
- ⇒ Catheterization
- ⇒ Feeding Tubes

Coordinating Student Care:

- ✓ Coordination with Students, Parents, Doctors and Staff
- ✓ 504s and IEPs
- ✓ Health Care Plans

K-5 DRUG AWARENESS & PREVENTION PROGRAMS/CURRICULUM

<u>Grades</u>	<u>Curriculum/Units Addressed</u>	<u>Programs/Resources</u>
K - 1	<ul style="list-style-type: none"> ● Dangers of Tobacco to Your Body/Being Tobacco Free ● Tobacco and Secondhand Smoke Hurts the Body ● Taking Care of Our Bodies ● Focus on Healthy Choices (Nutrition as well) 	Investigating Programs K-2 Huey's Heroes HeathSmart/Teacher-developed curriculum
2 -*3	<ul style="list-style-type: none"> ● Dangers of Tobacco & *Alcohol: Facts and Myths ● Using Tobacco Can Become Addicting ● Importance of Being Tobacco Free ● *Feeling Pressure to use Tobacco and Alcohol ● *Where Does pressure Come From? ● *Responding to the Pressure 	Too Good for Drugs (Grade 3 Only) Huey's Heroes HeathSmart/Teacher-developed curriculum
4 - 5	<ul style="list-style-type: none"> ● Reasons to Stay Tobacco and Alcohol Free: Consequences and Effects on the Body ● What We Know About Tobacco and Alcohol ● Saying NO Takes Practice ● Being and Remaining Drug Free 	Too Good for Drugs Huey's Heroes HeathSmart/Teacher-developed curriculum

MIDDLE SCHOOL AND HIGH SCHOOL DRUG AWARENESS & PREVENTION

<p>Health Education</p>	<ul style="list-style-type: none"> → Grades 8 and 10 - Mandatory Course* <i>*ALL students, every day, half-year course</i> → Senior Health - Elective → Taught by certified Health Education Teachers
<p>Push-In Programs</p>	<ul style="list-style-type: none"> → Too Good For Drugs - Grade 6 (10 week program) <i>{goals, decision making, identifying and managing your emotions, effective communication, bonding and relationship, alcohol, tobacco, marijuana, inhalants and street drugs, course review}</i> → School Resource Officer - Nancy Ward → Physical Education - Speed & Agility Class
<p>Guest Speakers and Presentations</p>	<ul style="list-style-type: none"> → Moriches in the Bay Right To Know/HUGS → The Ugly Truth & Narcan Training → Guest Speakers - share personal stories → Survive the Drive → Challenge Day → Driving Simulator & Fatal Vision Goggles

DRUG PREVENTION AND AWARENESS SUFFOLK COUNTY SURVEY

October 2017 - Creation of Qualitative Survey

November 2017 - Distribution of Survey

December 2017 - Compilation of Survey Results